**Name**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

***Social Media and Courage***

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| **Objective:** Consider how social media may lead to conformity and how that impacts our abilities to be courageous.  |

Use the pause points below to structure how you watch the video, “Does Social Media Lead to Social Conformity?” created by PBS’s channel, *Above the Noise.*

Play the video for the first minute.

1. This video asks us: Have we lost our individuality on social media? Before watching more, what are your initial thoughts in response to this question? Try to give an example.

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1. Do you think conformity is good or bad? Does conformity demonstrate courage? Explain.

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1. Give your best counterargument to what you wrote in response to #2.

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Play the video and pause at 3:15.

1. What is the bystander effect, according to this video?

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***Social Media and Courage (Cont’d)***

1. Myles, the host of this video, says that conformity is ‘hard-wired.’ What does he mean by this? How might this make it harder to be courageous in certain situations?

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Continue playing, pausing at 4:30.

1. Which part of this discussion of conformity resonates with you? Have you found yourself doing any of the same things? If not, where have you seen others doing this? The participants mention “fashion trends” and “lip gloss” –what item or behavior have you seen “go viral”?

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Continue playing the video and pause at 6:20.

1. What is groupthink?

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1. In the video, Mitch Prinstein, Chief Science Officer of the American Psychological Association, explains some research that found we’re more likely to like a post on social media that has already been liked, especially those that have been liked by your friends. How does this demonstrate ‘groupthink’?

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***Social Media and Courage (Cont’d)***

1. To what extent do you feel pressure to “like” everything your friends like? To what extent do you really stop to consider whether you truly like something before hitting a “like” button? Do you think it’s courageous to scroll by something without liking it? Why or why not?

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Play the video, pausing at 8:20.

1. Up to this point, how has this video contributed to your thoughts around conformity and courage? What might make it hard to be courageous, particularly on social media?

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Play the video until the end. It’s important to remember that two things can be true at once. While social media may be a huge vehicle for conformity, it can also help us shape our understandings of who we are and help us express our identities.

Strive to finish the following sentences and use the word courage or courageous at least once:

1. Social media can contribute to conformity because \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. Social media can contribute to conformity but \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. Social media can contribute to conformity so \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_