Coaching Education Series

Principles of Teaching for Coaches

The workshop will cover:

•Feedback: How to give feedback to players so it maximizes learning and motivation

•Session Design: How to plan a session to maximize learning, with guidance based especially on recent brain research

•Checking for Understanding: Basketball coach John Wooden described the key to coaching (and teaching) as knowing the difference between "I taught it" and "they learned it." Assessing mastery as you teach is perhaps the hardest challenges for teachers. We'll provide some insights.



•Systems and Routines: How to make habits out of common activities to maximize efficiency •Tone and Culture: How to make training sessions both rigorous and at the same time positive and inspiring.

Doug Lemov has spent his career studying and writing about teachers with his work among the best-selling teaching books in the country. His books have drawn on experiences in the classroom setting and teacher training discussing how to make practice sessions more productive. He believes coaching is a form of teaching and for the past four years has worked with the US Soccer Federation to train coaches and instructors in core coaching skills such as session design, establishing systems and routines, tones and culture and the maximization of learning.

Read about Doug's work with US Soccer Federation in the most recent Atlantic Monthly: www.theatlantic.com/magazine/archive/2016/03/can-this-man-save-us-soccer/426858/

