**Name**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Date:** \_\_\_\_\_\_\_\_\_\_\_\_

**Homeroom**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***When You Want Something That Isn’t Yours***

**Directions:** Read the following article about five things[[1]](#footnote-1) that you can do with a family member, teacher, or friend when you want something that isn’t yours. Circle one idea you will try today, and then add another idea of your own on the line below.

1. A picture containing indoor, person, table, wooden

   Description automatically generated**Say to yourself, “I want this, but I can’t just take it.”**

Reflect on how hard it can be to want something and not take it but explain to yourself why this is ultimately the right thing to do.

1. **Say, “It belongs to \_\_\_\_\_\_\_.”**

Consider how the other person might feel if you took the item from them. Reflect on how you would feel if someone took that from you.

1. **Think about your choices**: Discuss other alternatives, depending on the situation.
   1. **I could ask to borrow it.**
   2. **I could earn the money to buy it.**
   3. **I could ask the person to trade.**
   4. **I could do something else I like to do.** Create a list of acceptable things to do with a family member, teacher, or friend.
2. **Act out your best choice**.

If temptation continues after the student tries one choice, he/she should try another.

1. **Say, “Good for me. I didn’t take it!”** Discuss ways of rewarding yourself.

**Two additional ideas I could try:**

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**Reflection Questions for *Wanting Something That Isn’t Yours***

**Directions:** In your neatest handwriting and in complete sentences, answer the following questions.

1. Imagine that a friend or relative told you that they wanted something that wasn’t theirs. What could you say that to convince them not to steal it?

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1. Which of these strategies have you already tried? Did they work? Why or why not?

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1. Which of these strategies do you think could work the best for you? Why?

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1. <http://salemk12.org/Pages/SPS_DistPupilPerServ/Questions/group05s/p-298.pdf> Accessed January 30, 2018 [↑](#footnote-ref-1)