**Name**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

***Quotes About Courage***

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| **Objective:** Explore some perspectives on courage and determine whether they align with your own views. |

**Directions:** Read and paraphrase the quotes below. Then, decide to what extent you agree with the quote.

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| **Quote** | **Paraphrase the Quote** | **Do you agree with this quote? Why or why not?** |
| *“Courage is not the absence of fear but rather the assessment that something else is more important than fear.”*  — Franklin D. Roosevelt, 32nd President of the United States from 1933-1945 |  |  |
| *“Courage doesn't always roar. Sometimes courage is the little voice at the end of the day that says I'll try again tomorrow.”*  — Mary Anne Radmacher, American writer and artist  Mary Anne Radmacher[[1]](#footnote-1) |  |  |

***Quotes about Courage* (Continued)**

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| **Quote** | **Paraphrase the Quote** | **Do you agree with this quote? Why or why not?** |
| *"Courage is the most important of all the virtues because without courage, you can't practice any other virtue consistently."*  ― Maya Angelou, American author, poet, memoirist, actor, lecturer, and civil rights activist  A person wearing glasses and a head scarf  Description automatically generated |  |  |
| *“Scared is what you’re feeling. Brave is what you’re doing.”*  — Emma Donoghue, Irish historical novelist |  |  |

**Stamp Your Learning for *Quotes about Courage***

1. Consider the quote by Maya Angelou quote, *"Courage is the most important of all the virtues because without courage, you can't practice any other virtue consistently."* You may have studied the following virtues: integrity, responsibility, compassion, and/or respect. Choose one of these and explain how it supports or refutes Angelou’s quote.

* **Integrity**: Having a strong dedication to a code of moral values and principles.
* **Responsibility**: Taking ownership of and accountability for your actions and words.
* **Compassion**: Recognizing the suffering of others and feeling motivated to alleviate that suffering in some way.
* **Respect**: Demonstrating high regard for someone or something; treat yourself and others in a way that shows concern and support.

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1. In “Lesson A: What is Courage?”, we defined courage as identifying a risk, considering alternative actions that might be taken, and deciding to act in a manner that incurs risk (intentionality)—with the goal of obtaining a greater good for the self or others (a ‘noble’ goal).

Consider Emma Donoghue’s quote, “*scared is what you’re feeling. Brave is what you’re doing.”* How does this fit with the definition of courage above? Address at least one of the components of the definition – risk, intentionality, and a noble goal.

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1. “Guest Profile.” Mary Anne Radmacher. Accessed November 21, 2024. https://www.thedrpatshow.com/guest/mary-anne-radmacher,1524.html. [↑](#footnote-ref-1)